

A Day on Föhr

Guided tours and tips for
an enjoyable day on Föhr

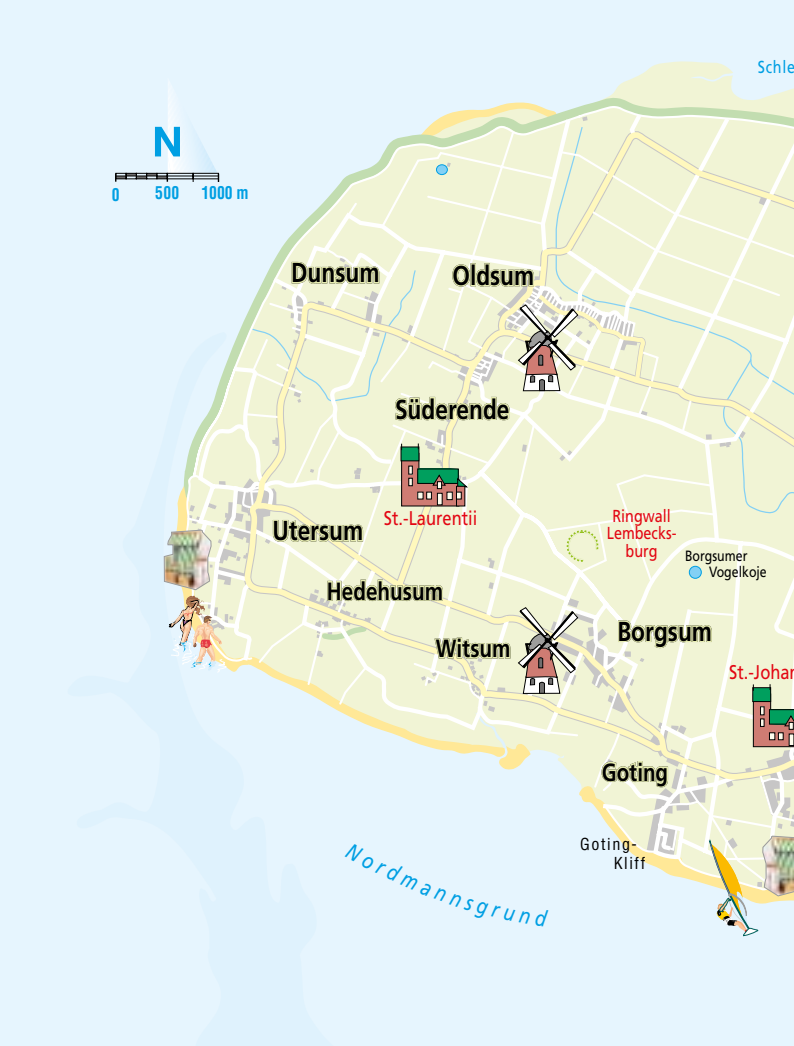


Friesische Karibik.



Föhr

www.foehr.de



Welcome to Föhr

Germany's second largest island situated in the North Sea is worth a journey all year long. Its surface measures about 82 square kilometres – big enough to fascinate with many facets, yet small enough to catch all the sights on a short day trip. With this brochure we will show you the most beautiful views of the island. Let yourself be enchanted and enjoy: kilometers of sandy beaches, a unique natural landscape in the middle of the UNESCO World Heritage Wadden Sea and quaint Frisian villages. We wish you a relaxing stay!



Did you know...?

Föhr – a place for the future

With projects and sustainable partners from gastronomy, accommodation, manufactories and events, Föhr is on its way towards a climate and environmentally conscious future. Find out what drives us on the following pages and at foehr.de/foehrgreen



= Special tips for families

FÖHRgreen (speak [gre:n], for the Frisian word for green)

**Today not at the expense of tomorrow,
here not at the expense of elsewhere.**



Protecting the island's environment, strengthening the regional economy and preserving Föhr's vibrant culture. All of this is important to us and to many of Föhr's stakeholders. Through the sustainability initiative *FÖHRgreen*, we make this future-friendly commitment visible and tangible for guests and islanders. The focus is on maintaining a balance between nature and tourism infrastructure, creating a sustainable island for all. So that also future generations can enjoy Föhr as a vacation destination and a place to live.

These are our partners so far:

M = FÖHRgreen Manufaktur (manufactory)

G = FÖHRgreen Gastronomie (gastronomy)

E = FÖHRgreen Erlebnis (experiences)

D = FÖHRgreen Domizil (accommodation)

S = part of »green onerwai« (see pp. 6-7)

 foehr.delfoehrgreen

Bäcker Hansen	M S	Föhrer Wildnis	M E
Baumann Delikatessen	M S	Gasthaus Knudsen	G
Biar Brauhüs	M S	Grethjens Gasthof	G
blum Upcycle Design & Bekleidungskunst	M	Hinrichsen's Farm	M G S
Buth Party- und Lieferservice	G S	Inselwatt	E
Café »Im Apfelgarten«	G S	Macke Pudel	G S
Deichhof Knudsen	M S	Namine Witt	G S
Der Landbäcker	M S	Nationalpark- Haus Föhr	E S
Elmeere e.V. Andelhof	E S	Nije Haven	D
feerliebt	M	Pitschi's	G S
Ferien auf Föhr GmbH	D	Schutzstation Wattenmeer	G S
Ferienhäuser Nahmens	D	Störtebeker	G S
FIETI Privatkoch	G	Walter Stubenrauch Hafenführung	E
Föhrer Gemüse Hof Arfsten	M	Walter Stubenrauch Wattführung	E
Föhrer Inselkäse	M S	Studio Sintje	M
Föhrer Saftmanufaktur	M S	Upstalsboom (hygge, bi a wik, sydbar)	G S
Föhrer Spargel – Volkertshof	M	Wattführerin Mira	E
Föhrer Teestube & Café	G S	WATT's UP	G S



green onerwai

Welcome to the FÖHRgreen discovery tour!

Sustainable engagement stands on many pillars. This tour will take you to some of our *FÖHRgreen* partners: Businesses that are 'green' in their daily activities and are committed to a sustainable future for Föhr. On foot and by bike you will also be green on the way – in Frisian „green onerwai“. When you visit the businesses, you will not only taste and experience sustainable products, but also receive a stamp for this booklet. As soon as you have collected 10 stamps (the order does not matter) you will receive a »green onerwai« badge at our tourist information offices on presentation of the stamp booklet.

On your wheels, get set, go!
Have fun exploring and collecting.



foehr.de/foehrgreen



Please stamp the individual stations here*:

01	02	03	04
05	06	07	08
09	10	11	12
13	14	15	16
17	18	19	20

* There are currently 19 *FÖHRgreen* stamp stations (as of 03/2025).
With 10 or more collected stamps you will receive the »green onerwai«
badge. The order does not matter.



For nature lovers

Walking tours through the UNESCO Wadden Sea World Heritage

Discover the bottom of the sea. A walking tour through the Wadden Sea is a unique adventure not to be missed during a stay on Föhr. Look out for our *FÖHRgreen* experiences:

Expert guides take you through the intertidal sand and mud flats, and explain and show the natural characteristics of the Wadden Sea, its flora and fauna as well as the effects of the tides. All scheduled tours are listed at

🌐 foehr.de/veranstaltungskalender.

Robbenzentrum, Achtern Diek 5, Wyk,
tel. +49 177 3300077 or +49 157 75054219



Initiative for the protection of marine mammals, informative exhibition and first aid station in close proximity to the harbour (rescue station for marine mammals in distress, no mammals living permanently on-site).

Guided tours

Entrance fee:

daily 3pm – 5pm

Tue. kids'-day 3pm

Thu. 3.30pm

Recommended donation: €6.50/person

Guides tour:

€7.50/person

More information: 🌐 robbenzentrum-foehr.de



Nationalpark-Haus Föhr, Strandstr. 60 (former AOK Kinderkurheim), Wyk, tel. +49 4681 1313



The Föhr National Park House is an experience for the whole family. You can explore the different facets of the national park in six themed rooms and at the aquariums. Regular events such as aquarium animal feedings and escape room events take place regularly in the exhibition. There is also a varied program such as detective rallies, pirate mudflat tours, torchlight hikes and much more.

Apr. – Oct.

Sun. – Fri. 11am – 5pm

Nov. – Mar.

Wed., Fri., Sat. + Sun. 12pm – 4pm

Reservations via phone required for groups

Entrance fee:

children €1 / adults €2 / families €6

More information:

 schutzstation-wattenmeer.de/unsere-stationen/foehr/

Villages

The eleven Frisian villages are among the island's tourist highlights of the island. Small alleys, magnificent thatched-roof houses and lovingly landscaped gardens - as romantic as a movie set. Here you can forget everything around you - stress, everyday life – except one thing: taking photos.



For culture lovers

Churches

A special magnet for visitors are the three medieval churches from the 12th and 13th centuries situated in the villages of Nieblum, Süderende and Wyk-Boldixum. Inside the churches you will find unique treasures of the Middle Ages like magnificent altarpieces and beautiful carvings. The graveyards with their “narrating” gravestones are worth seeing as well. Guided church and graveyard tours take place regularly and are listed at

🌐 foehr.de/veranstaltungskalender

Market

Every Wednesday and Saturday (9am to 12pm) from the mid-May to October you can buy fresh fruits and vegetables, jams, cheese, meat and other delicacies from the island on the small farmers’ market in Wyk. During the summer months, small treats and many different dainties are available every Sunday (11am to 3pm) at the fish market and every Thursday (10am to 12:30pm) at the Oevenum village market.

More information 🌐 foehr.de/maerkte



Harbour tour

How does a nautical chart work? What were starboard and port again? On a guided tour of Wyk Harbour, learn exciting things about shipping, the dangers of the weather and crabs that have travelled far, about the curvature of the earth and large lighthouses, buoys and pricks, storms and tides and the harbour in the past and today. By the way, the harbour tour is part of FÖHRgreen experiences. More information [🌐 hafenfuehrung.de](https://www.hafenfuehrung.de)

Göntje's bicycle tours

Sailors and emigrants, witches and murderers: the history of the island of Föhr has many sides. During a relaxed bike tour across the island, Göntje – a born-and-bred young woman from Föhr – shares stories of historical criminal cases, adventures and other tales from the island.

More information [🌐 foehrer-geschichten.de](https://www.foehrer-geschichten.de)

Music by the sea

Every summer, the concerts of different bands attract a vast crowd at the seaside promenade. Listening to music for all tastes while enjoying the view across the sea makes for a perfect summer day. The concerts do not take place on very cool and rainy days. More information

[🌐 foehr.de/musik-am-meer](https://www.foehr.de/musik-am-meer)



Sparen Sie mit dem Kombi-Ticket, wenn Sie beide Museen besuchen möchten – fragen Sie an der Kasse!

Museum Kunst der Westküste,

Hauptstraße 1, Alkersum, tel. +49 4681 747400



In changing exhibitions, the MKdW brings together classic and contemporary art, especially photography, on the theme of „sea and coast.“ The focus is on painting from the West Coast countries of Norway, Denmark, Germany, and the Netherlands in the period from 1830 to 1930. Artists such as Liebermann, Nolde, and Munch are represented in the top-class collection.

After your visit, Grethjens Gasthof invites you to linger.

Feb. 23 th – Mar. 31 st + Nov. 01 st – Dec. 23 th	Tue. – Sun. 11am – 4pm
Apr. 01 st – Oct. 31 st	Tue. – Sun. 10am – 5pm
Closed Dec. 24 th – 26 th	
Dec. 27 th , 2025 – Jan. 11 th , 2025	Tue. – Sun. 10am – 5pm
Entrance fee:	children up to 18 years free, adults €12 seniors and students €7

More information  mkdw.de



30 Min.



MeiMi Hofcafé

Hier backt der Bauer noch selbst! Variierend gibt es täglich frisch gebackene Torten und Kuchen, leckere Eisbecher, duftende Waffeln oder herzhaftes Spezialitäten von unseren Angusrindern. Verschiedene Tee- und Kaffeevariationen runden das Angebot ab.



Ideal als Zwischenstop auf Ihrer Insel-Tour – wir freuen uns auf Sie!

But Dörp 4 • Wyk • Tel. (0 46 81) 7 47 70 74
fraedrich.angus@freenet.de



Dr.-Carl-Häberlin-Friesen-Museum,

Rebbelstieg 34, Wyk, tel. +49 4681 2571



culture

Discover why Föhr's inhabitants went whaling and explore the island's traditional costumes. Learn about the "Bi-ike"-fire tradition and the characteristics of Frisian houses. Delve into the origin of the Frisian people and their migration to the United States of America? UNcover these stories and more at the 100-year-old Frisian museum. Don't miss the new „Island Life“ exhibition at the museum café »Kaffeewerkstatt«.

Mar. 01st – Oct. 31st

Tue. – Sun. 10am – 5pm

Jul. + Aug.

daily 10am – 5pm

Nov. 01st, 2024 – Feb. 28th, 2025

Tue. – Sun. 2 – 5pm

changed opening hours during Christmas holidays

Entrance fee (with guest card): children up to 6 years free / adults €5
seniors and students €3,50 / families €11

More information:  friesen-museum.de





Inselrund-Föhr-Fahrten Korf · tel. +49 4681 3705

Discover the beauty of the island of Föhr on one of our individually designed island tours. Enjoy the impressive landscape, historical sights, and exciting stories – comfortably and relaxed by bus. Four comfortable buses are available for larger groups, offering between 50 and 54 seats depending on the vehicle. Stop at the dike and view the Wadden Sea towards Amrum and Sylt.

Point of departure: Wyk, W.D.R.-building at the harbour

Classic tour

approx. 1 1/2 hours by bus

Mar. 15th – Oct. 31st

daily 10:45 + 1pm

Nov. 1st, 2025 – Mar. 14th, 2026

Wed. + Sat. 1pm

Dec. 27th, 2025 – Jan. 5th, 2026

daily 1pm

Price:

children 4 – 14 years €4, adults €11

family ticket (2 adults and max. 3 children) €26

Please make reservations for groups.

More information:  taxi-korf.com



Friesenexpress Föhr · tel. +49 175 5104840

approx. 2,5 hours with a stopover in Dunsum at the dike.

Point of departure: Wyk, at the ferry terminal

Apr. 01st – Oct. 25th

Mon.–Sat. 13:30pm

Apr. 14th – Oct. 18th


Mon.–Sat. 10:30am

Tickets are available online or from the driver.

More information:  foehr.xyz



Dogs on Föhr

Dogs also need their breaks and want to sniff fresh North Sea air. For them, there are specially designated dog beaches, where they are allowed to romp about (in some areas even without a leash), as well as a large outdoor area in Wyk. Further information and rules, for a stress-free coexistence you can find at  foehr.de/urlaub-mit-hund



For action lovers

Discover Föhr by bike

Biking on Föhr is pleasurable and fun together. More than 200 kilometres of well-signposted and easy-to-ride bicycle paths for bikers of all ages are available. Discover the eleven quaint Frisian villages and the lively “capital” Wyk by bike.

After getting off the ferry in Wyk, pick up a bicycle route map for €2.70 (with guest card) at the tourist information in the W.D.R.-building at the harbour.

There are bicycle rentals close to the harbour where you can rent bicycles (also e-bikes):

- Deichgraf, Hafenstraße 5
- Fehr, Badestraße 6
- Föhr Bike, Koogskuhl 1
- Schultz, Süderstraße 22
- Seefahrer, Boldixumer Straße 9

Other bicycle rentals are listed in the brochure »Alles über Föhr – Infos, Karten, Tipps, Adressen von A -Z«.



Water sport schools

Discover the North Sea in a sporty way: At the south beach of Wyk you have the choice between two wind-surfing schools (*Pitschis* in beach zone 14 and *Schapers* between zones 21 and 22). Located directly at the inland port of Wyk, *Benes Segelschule* is a sailor's paradise. All schools offer beginner and advanced courses – you will find suitable courses for any age and level. There are two more windsurfing schools at the beaches of Nieblum and Utersum: *Nieblumer Wassersportschule* and *Westend Surfing*. If you just want to learn or go stand up paddle boarding, *SUP Island Föhr* in Wyk is the place to go to.

NEU • NEU

31m
Carrera
Bahn



ADVENTURE GOLF Maislabyrinth Föhr

www.adventuregolf-foehr.de

Borgsum Feld 2
25938 Borgsum



Das spannende Freizeiterlebnis für
„Jung und Alt“
auf 18 Abenteuer-golf-Bahnen



Individual tours

The following tours are combined ideas for a closer look at Föhr. **Please note that they cannot be booked as a package.**

Sightseeing tour and museum (by bus and walking)

approx.
3 hours

- Starts and ends in Wyk.
- Discover the island with sightseeing tours such as a tour with the **Friesenexpress** or on a bus trip **across the island**, organised by the taxi company named Korf.
- Afterwards, stroll through Wyk and, for example, the landmarked **Carl-Häberlin-Straße** with its historical Captains' houses.
- Visit the **Dr.-Carl-Häberlin-Friesen-Museum**.

Tidal flats and stork watching (walking)



3-4
hours

- Select an individual **tour through the tidal flats** at  foehr.de/veranstaltungskalender. Fantastic tours exploring the UNESCO Wadden Sea World Heritage on foot are offered from various starting points. A truly unique experience!
- Afterwards, visit the **Park an der Mühle** where you can relax at the beautifully arranged park area and even observe storks.



Active & art (by bike)

- Discover the collection of the Museum Kunst der Westküste (art museum) on Föhr with the app **MKdW on tour**.
- The app offers **curated art routes** across the island of Föhr, multimedia content on the individual works and the opportunity to get active yourself: Compare the artworks with your own photographs!
- After your visit to the museum, enjoy coffee and cake at **Grethjens Gasthof**.
- Curious? Then scan the QR code on the right and download the app!

flexible
duration

Tour across the island (by bike)

- Cycle comfortably, heading north, along the shoreline of the dike to Utersum – the other end of Föhr.
- Enjoy the fabulous **view of Amrum and Sylt** right on the horizon.
- Or have a picnic in the open countryside at the **Lembecksburg** in the village of Borgsum – the remains of an ancient ring fortress from the Viking age.

approx.
5 hours



Spa tax & guest card

Vacation is the best time of the year. We offer you a wide range of tourist attractions and an extensive infrastructure so that you can feel good on the island of Föhr, leave everyday stress behind and really relax.

In order to be able to offer you this service, a spa tax is payable on the island all year round. It makes an important contribution to the maintenance and care of the beach sections, spa and leisure facilities, children's playgrounds, beach showers and public toilets. It also serves to finance various tourist offers on the entire island of Föhr.

How much is the spa tax?

Across the island: March 1st to October 31st:

€3.50 per day

Remaining time: €1.80 per day

Would you like to get a 10% discount?

With the Föhr guest card, you receive a 10% discount on our souvenir items at the tourist information offices and in the Föhr shop »FÖHR to HUUS«.



Where can you get the daily guest card?

online tgk.foehr.de

Wyk auf Föhr

Guest card machines at the harbour

Föhr shop »FÖHR to HUUS« at the event centre,
Sandwall 38

W.D.R. service building, Am Fähranleger 1

AQUAFÖHR, Stockmannsweg 1

Dr.-Carl-Häberlin-Friesen-Museum, Rebbelstieg 34

Nieblum tourist information in Dörpshus, Poststrat 2

Utersum tourist information in Haus des Gastes, Klaf 2

On the mainland Office neg Niebüll GmbH, Bahnhofstraße
6, Niebüll

On the trains from Niebüll to Dagebüll in connection with
the purchase of a day ticket.



Guest card: return & win

When you return your guest card (stating your home address) to one of our tourist informations, you automatically take part in our competition. And taking part is worth it, because there is a short vacation on Föhr and other attractive prizes to be won. We'll keep our fingers crossed!




Further Information

After your arrival on Föhr you will find the nearest tourist information at the W.D.R. service building at the harbor, (address: Am Fähranleger 1). The shop »FÖHR to HUUS« at the event centre, Sandwall 38, also provides you with information and various info material.

Both locations offer the cycling route map which also gives all non-cyclists a great overview of the island.

The brochure »Alles über Föhr – Infos, Karten, Tipps und Adressen von A - Z« can also be picked up here.

Föhr Tourismus GmbH · tel. +49 4681 300,  foehr.de

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InseldFoehr



inseldfoehr

You Tube

NordseeinseldFoehr

#friesischekaribik

#inseldfoehr



€ 2.70
with guest card



Discover the island Föhr with five routes for cycling and hiking.

- Official bicycle route map of Föhr.
- Five verified and updated routes included.
- Description of the idyllic Frisian villages on Föhr.
- Special tips for day trips and sightseeing tours.
- Overview of all bicycle rentals.

Discover the most beautiful places of the island and get enchanted by the World Natural Heritage of the Wadden Sea!

Available in every tourist information and in our online shop:  foehr.de/online-shop



WYKER DAMPFSCHIFFS-REEDEREI
FÖHR-AMRUM GMBH

Excursions

e.g. to the islands of Amrum or Sylt,
to the Halligen, to the habitat of the seals,
island tours, deep-sea trips to Helgoland,
day trips to Denmark ...

**TICKETS
ONLINE
FAEHRE.DE**

